



# CORNERSTONE

Family Violence Prevention Centre  
A PLACE WHERE HOPE GROWS

## My Experience at Cornerstone

Leaving my mother's home was one of the hardest decisions I've ever made, but I knew I had to choose safety and peace for myself and my children. The environment had become too toxic and abusive, and I reached a point where staying wasn't an option anymore. Walking into Cornerstone for the first time, I felt scared but also deeply relieved. I remember crying that first night, not from sadness, but from gratitude, because I was finally able to take a quiet, hot shower in our own space. The family rooms were large and private, with our own bathroom, and for the first time in a long time, I felt like we could just breathe.

The staff at Cornerstone are some of the most compassionate people I've ever met. They don't just do their jobs, they care, deeply. They understand what it takes for a woman to walk away from a painful situation, and they meet you with kindness instead of judgment. Having a cook make dinner five days a week took so much stress off my shoulders. It may sound simple, but having a warm, healthy meal ready for my kids after everything we'd been through meant the world.

The children's program was incredible too. It gave me small moments of peace, time to shower, make phone calls, or just take a breath while my kids got to be kids again. The staff planned age-appropriate activities like playdough for the little ones and ice cream walks for the older ones. Seeing my children laugh and play again reminded me why I left, and how strong we really are. Cornerstone gave us more than shelter; it gave us safety, healing, and the courage to start over.

I'll always be thankful for Cornerstone for giving me a safe place to rebuild my life.

*Please turn over...*

*Please note that if a Canada Post strike is ongoing, it may cause delays in mail delivery. To ensure your support reaches us without interruption, we encourage you to consider other options such as online giving or e-transfer. Your timely generosity helps us continue providing services without delay.*

Donate online at [cornerstonenorthumberland.ca/donate](http://cornerstonenorthumberland.ca/donate)

**YES, I feel inspired to give!**

Here's my gift of:

\$50    \$75    \$100   or    \$ \_\_\_\_\_

Charitable Registration No. 11930 2289 RR0001.

Addressee  
Address Line 1  
Address Line 2

My cheque payable to Cornerstone FVPC is enclosed

OR

Please charge my:      

Card No. \_\_\_\_\_

Expiry Date (MM/YY) \_\_\_\_\_ CVV \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

**Become a monthly donor to make the biggest impact. Please turn over.**



***As a supporter of Cornerstone, you make stories like the above possible.***

You help create a place where people feel welcomed and safe – often for the first time.

That is why investing in community supports like Cornerstone is so important. In the past year, your support has provided vital, accessible, effective, and transformative services to over 3,000 women, children, and youth in Northumberland County.

***Please consider donating today to help transform a family's future.***

All support is appreciated and helps families in our community.

If you wish to make a donation, please use one of the following ways:

**Online** [cornerstonenorthumberland.ca/donate](http://cornerstonenorthumberland.ca/donate)

**E-transfer** Make an e-transfer payment to the email [e-payments@cornerstonenorthumberland.ca](mailto:e-payments@cornerstonenorthumberland.ca)

**Cheque** Cornerstone FVPC  
40 Swayne St.  
Cobourg, ON K9A 1K5

**Donation Form** You can also mail the form at the bottom of this letter. Please consider potential delays in mail delivery if a Canada Post strike is ongoing.

**Call** 905-372-1545

Please take this opportunity to make a gift to help women and children move out of danger and into a violence free future. Your donation will be directed to an area of need, such as helping a woman create a safety plan, providing a child a safe place to sleep, prevention programming, or completely transforming someone's future.

***By investing in a violence free future, you are helping families in our community and creating a place where hope can take root and grow.***

## JOIN CORNERSTONE'S CIRCLE OF HOPE MONTHLY GIVING CLUB

Join online on our website [cornerstonenorthumberland.ca/donate](http://cornerstonenorthumberland.ca/donate) or fill out the form below!



**YES**, I'll take my support to the next level by making a recurring gift of:

\$10     \$25     \$40    or     \$\_\_\_\_\_

I've enclosed a cheque marked VOID, or a pre-authorized debit form. I authorize Cornerstone FVPC to deduct the amount I have specified from the account number provided on the 1st or 15th day of each month.  
*please circle one*

I authorize Cornerstone FVPC to charge my    for the amount I have specified above on the 1st or 15th day of each month.  
*please circle one*

Card No. \_\_\_\_\_ Expiry Date (MM/YY) \_\_\_\_\_ cvv \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

By sharing your email address, you are providing us with consent to communicate with you electronically. All information you share will be kept strictly confidential. We do not share donor information.

You may change or cancel your monthly contribution at anytime by calling 905-372-1545 ext. 236. You have the right to receive reimbursement for any debit that is not authorized or is not consistent with this PAD Agreement. Donations of \$20 or more will automatically receive a charitable tax receipt. For monthly donations, a consolidated tax receipt will be mailed at the beginning of each calendar year.



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40 Swayne Street  
Cobourg, ON K9A 1K5  
P: 905-372-1545 | F: 905-373-4800  
[cornerstonenorthumberland.ca](http://cornerstonenorthumberland.ca)

Charitable Registration No. 11930 2289 RR0001